

Midstream Specimen of Urine

Aim of the leaflet

This leaflet is aimed at parents of children who need to collect a midstream urine sample.

This leaflet aims to tell you how to collect a urine sample.

How to collect the specimen

1. Please wash your hands before starting the procedure.
2. Please clean the genital area (front bottom in girls, penis for boys) before collecting the sample. Use soap and water if available and rinse afterwards with clean water. In girls, always wipe from the front towards the back.
3. The child should then start to pass urine into the toilet or potty. Pass the sterile bowl under the stream of urine and collect enough urine to fill the small bottle provided. The bladder may then be emptied into the toilet.
4. Please transfer the urine specimen from the pot into the bottle. Secure the lid and place the bottle in the plastic bag with the card attached. Return the specimen to the hospital or GP surgery (if you live in the Boston area) on the day of collection.
5. Do not allow children to handle the red or yellow topped bottle. The crystals inside are preservative acid and should not be swallowed.
6. Please ensure that the bottle is labelled with your child's name, date of birth and hospital number which can be found on the form attached. The date and time of the sample is collected and should be written on the bottle and on the form.

Thank you.

References

If you require a full list of references for this leaflet please email patient.information@ulh.nhs.uk

The Trust endeavours to ensure that the information given here is accurate and impartial.

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